

Ohki Forest

Spring 2026 Teaching Program

At the Red Wind Medicine Center of Santa Fe, NM



We are truly pleased to warmly invite you to our Red Wind Medicine Center, 23 minutes from Santa Fe for this Spring 2026 program.

These are times of great confusion, madness & fear, & it seems most necessary to double our spiritual efforts in creating higher circles of protection, groundedness as well as centeredness for oneself & others. Please join us **to activate the Crystal Medicine Wheel, the Tipi, the Sweat lodge & the Fire Dance Circle at our Red Wind Center** to create a higher frequency in the world, & to honor the ancient spirits of this special place sent to us by the Bird Tribes guides. Surrounded by stunning views of several mountain chains, the Center is by conservation lands & the old San Marcos Pueblo, an original sacred site still venerated today by Pueblo Natives.

Ancient indigenous guidance can activate astonishing levels of inner & outer transformation that the Earth, our spirits & our hearts need now more than ever. Experience this powerful Medicine for renewing our souls & Visions for the world.

Private Sessions with Ohki

Available by Appointment ~ April 28 to June 17

- Discover your **SPIRIT ANIMAL** & gain valuable insights for your life & spiritual growth
- Receive a **READING from the Spirit Guides** for clear & effective guidance on your path
- Ask for a **MAYA LIMPIA** to clear your spirit field with candles, flowers & herbs
- Request a deep **NATIVE HEALING** with chanting, rattling, feathers & copal smoke

Contact Patricia Worth ~ nmregistrations@redwindcouncils.org ~ 505.429.0529

May Program
~ Thursday Drum Circle ~

Earth Dreaming

Lynx

Maya Dream Practices

A Full Moon Lodge

Thurs, April 30 ~ 6:30pm to 9pm



With the capacity of night Vision, the Hidden, the Unseen & Secrets of Mystery are revealed to those who can jump into the unknown with the grace of a Lynx.

Dreaming Lynx is a beautiful Medicine of **the West**. With her **sharp Intuition**, Lynx strongly helps us develop **our psychic body** through conscious awareness & sacred Dream practices. Lynx powerfully enhances our spiritual connection to **the Void at the Center of our universe**, the Great Mystery in all that exists. This connection is exemplified on this Earth plane with the Moon, especially when she is full, defeating our delusions & false mirrors. Another aspect of Lynx totem is to **ground us into reality while allowing our dream body to be more alive**.

- Join Ohki to receive knowledge on ancient Moon & Earth rituals to **open & expand your Soul & Spirit**
- Drum with Ohki to this special Medicine for calling our innate powers to **dream a more spirited World**

Bring an object of power to place at the Dreaming altar

Reservations necessary ~ \$55



~ Sunday Ceremony ~

Salmon Spirit: Return to the Source

Healing our Vital Body

A Limpia Ceremony

Sun, May 3 ~ 3pm to 6:30pm

A Maya Limpia ceremony is traditionally performed once a year & helps greatly with physical, emotional & spiritual imbalances by bringing protection & realignment. A Limpia deeply calms & purifies our Soul.

For millennia, Salmon has been a highly revered totem from the Eastern to the Western Native tribes. As **Salmon returns to the place of birth, the Source**, & then dies, this awe-inspiring Medicine of **the South** of the Wheel reflects our own connection to the true Source within & **our soul's need for renewal**. Salmon reveals to us the path against the current of our **limited dogmas & inner conditionings**, & **helps us develop Unconditional Love & Trust in oneself & Great Spirit**. A teaching on the **4 Ego-masks** to be released in this Limpia.

- Ohki performs a Limpia ceremony done with flowers, sacred herbs, copal smoke & candles from Chiapas to optimize our health & to receive **the gift of rejuvenation & purification for the year to come**
- Drum with Ohki to honor & **celebrate our sister Water**, our spring sources, our wells & the rainy season

Bring some water from your home to place on the Limpia altar

Reservations necessary ~ \$75



~ Saturday Retreat ~



The Bird Tribe: A Guide to the Medicine Wheel

Crystal Wheel Activation

A New Moon Lodge

Sat, May 16 ~ 2pm to 8pm

The Bird Tribe is helping humanity to remember the times we connected to the Universal Wheel. For these present times, they are here to help us develop our awareness in order to return to the sacred Circle in our lives.

The Bird Tribe is an important family of Souls & Spirits composed of ancient Native, Mongolian, Celts & from all other ancient cultures who had the Medicine Wheel as a Way of Life. The Bird Tribe is composed of transcendental souls helping us reach our capacity for self-responsibility & greater balance at all levels. This Tribe of Souls represents **the Center of the Wheel**. In this Saturday Retreat, Ohki shares ancient practices on how to connect to the Bird Tribe for greater protection & evolution as well as knowing your **personal guides** & advanced beings from other Animal Totems. We also look at **how to activate our Karma** for our individual evolution & enhanced awareness.

- For this New Moon, drum with Ohki in the Crystal Wheel to **plant the seeds of activation & manifestation for humanity to reach the Center of the Wheel** & undoing collective Karma
- Receive from Ohki essential teachings to further understand the **Powers, Walls & Fears** of the Medicine Wheel

Bring a special object to place at the Center of the Crystal Wheel

**Reservations necessary ~ \$235 (plus \$20 Maya Feast)
Fasting Day**

~ Thursday Drum Circle ~

Spider Woman: The Web of Life

Weaving an Enduring Path for our Spirit

5 Essential Rites of Passage

Thurs, May 21 ~ 6:30pm to 9pm

Spider woman brings beauty, new alternatives & protection everywhere she walks, the patterns on her web inspire us to envision us as infinite & expansive beings...

Grandmother Spider Woman is a feminine native Spirit which weaves dreams of change in our lives. She represents the 4 directions but more importantly brings both the directions of the **West & East axis**, a symbol for **transcending duality** in the Wheel of Life. With Spider we learn **how to not get caught in webs of illusions of the physical & material world**. She helps us see through other dimensions beyond our fears.

- For this Drum circle, learn from Ohki about **Spider's 5 main Rites of Passage** & how you can apply this in your life
- Drum with Ohki to call forth the transformation of humanity & further embrace **Spider's creativity** for our future

Reservations necessary ~ \$55



~ Sunday Ceremony ~



Blue Heron's Water Medicine

Enhancing our
Higher Self

A Full Moon Lodge

Sun, May 31
3pm to 6:30pm

*When the Great Blue Heron appears, it is imminent that
a sacred initiation is about to occur in our dream state.*

Blue Heron is a Medicine of the South in the Medicine Wheel. It inspires us to be self-sufficient, responsible, & to follow a path to self-determination & **authenticity of spirit**. It confers balance & security, so we can evolve in a smooth way. This lone, feminine hunter, with her powerful, quick, yet silent flight, helps us understand our emotional, inner world & brings a uniqueness to our being. This elegant Medicine is essential to anyone who wants to **develop their second dream body**.

- For this full moon, drum with Ohki to call forth Blue Heron as a messenger of the feminine dream world & the transformation of **our rigid & hidden blockages**
- Receive a teaching on the **manifestation of our feminine & intuitive aspects within** & for raising the world's consciousness

**Bring a sacred object to place at the central altar
for spiritual enhancement**

Reservations necessary ~ \$75

June Program

~ Thursday Drum Circle ~

Sacred Heart of Woodpecker

Embracing our Inner Family Tree of Life
An Ancient Drum Teaching

Thurs, June 4 ~ 6:30pm to 9pm

In Native legends Woodpecker is a divine totem & a weather oracle who foresees the changes in our world, both inner & outer, asking us to harmonize & attune to new life rhythms.

For this Thursday circle, Ohki shares on the Medicine of Red-headed Woodpecker from the **South** direction for its representation of **Unconditional Love & the relationships** to ourselves & others. This incites us to primarily **develop self-love** in connection to the **Earth's heartbeat**. This beautiful Totem, often as big as a crow, makes us see beyond the daily matters of life & helps us expand our perception of the divine, or spirit world, reminding us that it is safe to follow our hearts & winds of changes.

- Receive from Ohki the teaching on the **Family Tree of Life & Drum practices** from Woodpecker Medicine
- Look through Woodpecker's eyes to see how your **heart is mirrored through** your relationships & **celebrate more heart for this wounded planet**

Reservations necessary ~ \$55



~ Saturday Retreat ~

Mongolian Fire Horse: Celebrating the Power of Transmutation Fire Dance Ceremony

A New Moon Lodge

Sat, June 13 ~ 2pm to 8pm



In Mongolia, Horses live outdoors all year long, withstanding temperatures up to -40 °F in winter, making them sacred animals capable of generating great inner Fire to maintain their Chi in optimum conditions.

2026 is the year of the Fire Horse in the Mongolian calendar, being a **Medicine of the East** in the Earth Wheel. The main powers of Horse are courage & their natural evolution to become a spirited, flying Horse. For this day retreat, Ohki brings the main **teachings & principles on spiritual Warriorship**. She discovers with you the **roots of inner anger**. With a burning tobacco ceremony, she shows us how to use the **power of transmutation** to overcome & burn these hindrances. She also drums for you to meet your inner warrior/ess to call your higher self.

- For this New Moon participate in a **Sacred Dance** around the fire circle to celebrate Fire Horse Medicine
- Ohki takes you into a deep **journey to feel & increase your inner Chi** & how you can use it to regenerate yourself in all aspects of life

**Reservations necessary ~ \$235 (plus \$20 Maya Feast)
Semi-fasting Day**

~ Thursday Drum Circle ~

White Buffalo Woman

The Power of the 7 Cosmic Laws

A 7 Sister Stars Ceremony

Thurs, June 18 ~ 6:30pm to 9pm

White Buffalo woman represents the divine energies of purity & nurturance. It has been prophesized that she helps restore universal balance & harmony to our world.

Entering from the **North of the Wheel**, White Buffalo woman originally descended from **the Pleiades**, or the 7 Sisters at the Center of our galaxy, to teach humanity the **Sacred Earth ways**. Extremely grounding, transformative & expansive, this potent Medicine guides us to achieve clear & effective practices for **healing ourselves & others**. Through the creative Earth ways, Ohki shares with us the **7 ancient Principles or 7 Cosmic Laws** to understand more deeply **the nature of our death**.

- Join Ohki to drum for the coming, **feminine changes** of these times & how this can affect the **7 generational healing**
- Celebrate altogether a **planetary prayer** for the renewal of the Earth's ways & more spiritual awareness in people's minds & spirits

Bring a personal power object to place at the central altar

Reservations necessary ~ \$55



~ Saturday Retreat ~



Elk Spirit: Stamina, Courage & Warriorship

June Solstice Door of Earth

A Sweat Lodge Ceremony

Sat, June 20 ~ 2pm to 9pm

Female Elks are the ones leading the herd, & by regularly relieving those in front, they can travel vast distances, oftentimes thousands of them at a time. A great example of a way of being which gives us the undeniable model to know how to pace ourselves & move in our lives.

Elk totem inspires us to climb the sacred mountains of our lives. What are the mountains exactly? They are linked to our true Visions which are uncovered before us by Elk in our Medicine walk to meet Great Spirit. In **the North**, while climbing our mountains, we learn about the **conditionings** that impede & block us. We can then witness & transform our weaknesses into strength & courage, necessary powers for **reaching spiritual warriorship**. How to transform failure into wisdom? How to cultivate the sacred vision in life?

- Join Ohki to drum to the **Council of Chiefs** to further embrace the coming changes of these times as we enter into **the 5th Sun**
- For this important Sweat Lodge ceremony, celebrate altogether the renewal of the **Earth Shamanic ways**, our Visions, & Elk's amazing powers

Bring a personal power object to place at the Sweat altar

**Reservations necessary ~ \$255 (plus \$20 Maya Feast)
Fasting Day**

Ohki's Bio

Ohki is a vision-holder of Mohawk descent living in Chiapas, Mexico since 1986 where she collaborates with indigenous Mayas through her non-profit charitable organization, **Red Wind Councils**. Trained & initiated by Mongolian shamans, Native & Maya Medicine people, Ohki has taught Earth Ways, ancient Women's practices & Spiritual Warrior/ess trainings for over 35 years. She has successfully led at distance hundreds of seekers in Vision Quest process for the past 3 decades. She is the author of **Dreaming the Council Ways: True Native Teachings from the Red Lodge** & the creator of 9 CDs of ancient Native meditations & Drum Journeys as well as a video titled: **Transforming Humanity's Shadows**.

In the past 35 years, Ohki has offered widely acclaimed presentations at the Esalen Institute, Bioneers in CA, MA Vedanta Center, Tesuque Pueblo's Seed Sovereignty conferences, Unitarian Churches in the USA & Canada, Southwestern College in Santa Fe, NM, & at the 2012 Albuquerque conference **Wisdom from the Origins: The Mayan Calendar** with the 13 Grandmothers. In 2020, Ohki was honored with the prestigious **Eagle Feather Award** from the Society for Shamanic Practice for her lifelong dedication to imparting original Native shamanic ways to people of all backgrounds. And in May 2024 she participated in the Global Gathering titled: **Shamanism for Inspired Action: From Vision to Creation**.

www.ohkiforest.com ~ www.redwindcouncils.org



Red Wind Councils

www.redwindcouncils.org

Founded in 1987 in Chiapas, Ohki's social justice 501(c)(3) organization, *Red Wind Councils*, is dedicated to Maya social & ecological projects, emergency medical funding, & *the Ixmalé Crafts* projects as well as the renewal of Native spirituality at Ohki's Medicine Centers in Chiapas & in the USA.

Join us in our collective efforts to sustain this light of hope for a just world & for the impoverished Maya through your kind donations & monthly pledges.

Every year, Ohki & Amalia Ixmalé bring **exquisite Craft items from the indigenous women & daughters of Chiapas**.

Amalia Ixmálé



Maya Crystal Healing Treatments

A 4th generation Maya healer, Amalia, Ohki's daughter, offers her regenerative & centering **CRYSTAL HEALING treatments** to help you recover your physical inner balance & receive emotional & spiritual re-sourcing. Done with high-quality stones placed on your body (purified after each session), Amalia performs a clearing with feathers & rattles & sweeps your field with fresh herbs.

1 hour ~ \$115



Maya Facials

Experience Amalia's soothing, restorative & beautifying **FACIAL treatments** with Maya Kakaw (Chocolate) or fresh Avocado & high-quality essential oils & natural creams that she prepares.

1 hour ~ \$75

Amalia is available April 28 to June 17 ~ by appointment

Ixmalé Medicine Pouches

Amalia creates exquisite & magical **Medicine Pouches** which bring a variety of blessings to your life such as **Protection, Grounding, Dreaming, Abundance, Courage, Unconditional Love**, among others. They contain carefully selected natural elements & special crystal stones imbued with the Medicines of the Sun, Moon, Earth & the Crystal Wheel at the Chiapas Red Wind Center.

Custom orders available

www.redwindcouncils.org



The Ixmalé Project: Maya Textiles & Creations

Amalia's ixmalé Project supports talented Maya artists & women weavers with one-of-a-kind creations such as Medicine jewelry, exquisite embroidery pieces & backstrap loom textiles. She also creates her own pieces & jewelry. Her second name **Ixmalé** means **Abundance of Corn** in a Maya dialect which she chose for calling abundance to the Maya artists & women.

100% of sales return to the Maya crafters & Chiapas Medicine Centers



Ohki's Event Calendar

For reservations & information:
 Patrícia Worth (505) 429-0529
nmregistrations@redwindcouncils.org



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
April		4/28 Sessions	4/29 Sessions	4/30 Drum Circle Lynx 6:30pm-9pm	May 5/1	5/2
5/3 Limpia Ceremony Salmon Spirit 3pm-6:30pm		5/5 Sessions	5/6 Sessions	5/7	5/8	5/9
5/10	5/11	5/12 Sessions	5/13 Sessions	5/14 Sessions	5/15	5/16 Wheel Activation Bird Tribes 2pm-8pm
5/17	5/18	5/19 Sessions	5/20 Sessions	5/21 Drum Circle Spider Woman 6:30pm-9pm	5/22	5/23

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5/24	5/25	5/26 Sessions	5/27 Sessions	5/28	5/29	5/30
5/31 Sunday Ceremony BlueHeron 3pm to 6:30pm	June 6/1	6/2 Sessions	6/3 Sessions	6/4 Drum Circle Woodpecker 6:30pm-9pm	6/5	6/6
6/7	6/8	6/9 Sessions	6/10 Sessions	6/11 Sessions	6/12	6/13 Saturday Retreat Fire Horse Fire Dance 2pm-8pm
6/14	6/15	6/16 Sessions	6/17 Sessions	6/18 Drum Circle White Buffalo Woman 6:30pm-9pm	6/19	6/20 Saturday Retreat Elk Spirit Sweat Lodge 2pm-9pm

For Amalia's availability for her Crystal Healings & Maya Facial Treatments
please see the calendar in her brochure,
or go to www.redwindcouncils.org on our Home page



Red Wind Medicine Center of Santa Fe, NM

Location of Events ~ 23 minutes south of Santa Fe
Scenic, easy drive on Highway 14 (Turquoise Trail)

Bring Drum or Rattle



Contact: Patricia Worth ~ 505.429.0529
nmregistrations@redwindcouncils.org

Make Checks to:
Red Wind Councils, PO Box 29077, Santa Fe, NM 87592

Checks, credit cards & cash are accepted
10% Discount for Native people ~ Payment Plans Accepted
100% of Ohki's & Amalia's earnings go towards Projects with the Maya people
& the Chiapas Medicine Centers



We sincerely thank you for your support of Ohki, Amalia,
& the indigenous Mayas!

Red Wind Councils, Inc. is a 501(c)(3) charitable non-profit. Tax ID #: 20-3633955
www.ohkiforest.com & www.redwindcouncils.org

Registrations for All Events

Early registrations recommended as space is limited
Full fees are required to reserve your space

Cancellation Policy

No refunds are given for cancellations less than 48 hours before an event or session
We greatly appreciate your kind understanding of our policy

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